



## What's going on?

99-year-old British war veteran, Captain Tom Moore has completed 100 laps of his 25m back garden in Marston Moretaine, Bedfordshire! He has raised over £28 million for Britain's National Health Service (NHS) and has received donations to his fundraising challenge from all around the world! Captain Tom began raising funds to thank NHS staff who helped him with treatment for cancer and a broken hip, he originally aimed to raise just £1000 but quickly passed his target!

### Question:

How can one person make a big difference?

### Listen, think, share

- 🍏 Look at the poster image, do we know who the person is in the poster? Explain that it is Captain Tom Moore, a 99-year-old war veteran from Bedfordshire who recently raised over £28 million for the NHS by completed 100 laps of his garden for his 100th birthday!
- 🍏 Read through the information found in the resource, all about Captain Tom Moore's incredible achievement. Talk about how sometimes it's not the biggest actions that can have the biggest impact and that all of the things that we do affect the world around us! Captain Tom didn't even leave his garden but managed to raise a lot of money and raise the spirits of the nation! Can we think of anything we can do at the moment to help others?
- 🍏 Watch the useful video (found in the link below) which shows Captain Tom receiving a Pride of Britain Award.
- 🍏 Mother Teresa, a Catholic nun who dedicated her life to helping others said, "If you cannot feed a hundred people, feed one." Talk about what you think she meant by this? Do you agree?

### Reflection

However small we think our actions are, we can all contribute to help make a positive difference to the world around us. At some point, to someone or something, our actions matter!

### Challenges!

**Challenge 1** – Write a letter or thank you card and send it to someone who has made a difference in your local community, this could be for a teacher, family member or neighbour.

**Challenge 2** – Draw a picture of Captain Tom Moore completing his challenge.

## Web Links

Captain Tom Moore fundraising news story

<https://bbc.in/2Y0hMsC>

Useful Video – Tom Moore receiving a Pride of Britain Award

<https://bit.ly/3aAsW9X>

### Send us your challenges!

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